

# Rialto Unified School District

Dec 2, 2024 thru Dec 6, 2024

Base Menu Spreadsheet

AFTER-SCHOOL SNACKS

Portion Values - Detailed

Page 1

Generated on: 11/20/2024 4:50:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Mon - 12/02/2024																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Tiger grahams 2022	pkg	700	291	0	255	4.86	3.50	0.0	97	0.0	19	4.86	51.0	9.71	2.43	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	700	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			576	0	399	6.80	4.90	28.0	416	84.00	68	6.80	112.00	13.80	3.40	0.00
% of Calories											47.1%	4.7%	77.8%	21.3%	5.3%	0.0%
Nutrient Guideline			550		1230											<10.00

Tue - 12/03/2024																
AFTER-SCHOOL SNACKS	Total	500														
Cracker, Cheez-It Wh.Gr.-2013	pkg	1500	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1200	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			564	0	522	3.00	3.00	348.0	1980	144.00	70	4.80	111.60	10.50	3.00	0.00
% of Calories											49.4%	3.4%	79.1%	16.8%	4.8%	0.0%
Nutrient Guideline			550		1230											<10.00

Wed - 12/04/2024																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Choc Carmel '22	bag	1500	127	0	49	1.96	1.06	0.0	29	0.0	6	1.96	21.51	3.91	0.49	0.00
Orange juice, DW, 8oz. 2024	1 EACH	1000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
Weighted Daily Average			601	0	207	5.87	3.17	40.0	488	120.00	72	9.87	118.52	11.73	1.47	0.00
% of Calories											47.6%	6.6%	78.8%	17.6%	2.2%	0.0%
Nutrient Guideline			550		1230											<10.00

Thu - 12/05/2024																
AFTER-SCHOOL SNACKS	Total	500														
Snack ChatSnax Vanilla Gra2022	bag	1500	120	0	105	1.00	0.72	0.0	40	0.0	8	2.0	21.0	4.0	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1000	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			600	0	375	3.00	2.16	40.0	520	120.00	82	6.00	121.00	12.00	3.00	0.00
% of Calories											54.7%	4.0%	80.7%	18.0%	4.5%	0.0%
Nutrient Guideline			550		1230											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

† - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Dec 2, 2024 thru Dec 6, 2024

Base Menu Spreadsheet

AFTER-SCHOOL SNACKS

Portion Values - Detailed

Page 2

Generated on: 11/20/2024 4:50:09 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)	
Fri - 12/06/2024																	
AFTER-SCHOOL SNACKS																	
	Total	500															
	Snack Sunchips Original MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
	Juice, apple 8oz. DW-2024	CARTONS	700	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
	Weighted Daily Average			574	0	402	8.00	0.00	28.0	310	84.00	47	8.80	96.60	20.00	2.00	*0.00
	% of Calories										32.5%	6.1%	67.3%	31.4%	3.1%	*0.0%	
	Nutrient Guideline			550		1230										<10.00	

Weighted Average			583	0	381	5.33	2.64	96.8	743	110.40	68	7.25	111.94	13.57	2.57	*0.00
											104.2%	5.0%	76.8%	20.9%	4.0%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	583		550	106%				
Cholesterol (mg)	0							
Sodium 1 (mg)	381		1230	31%				
Sodium 1a (mg)	381					381		
Fiber (g)	5.33							
Iron (mg)	2.64							
Calcium (mg)	96.8							
Vitamin A (IU)	743							
Sugars (g)	68	46.32%						
Vitamin C (mg)	110.40							
Protein (g)	7.25	4.98%						
Carbohydrate (g)	111.94	76.80%						
Total Fat (g)	13.57	20.94%						
Saturated Fat (g)	2.57	3.97%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Dec 9, 2024 thru Dec 13, 2024

AFTER-SCHOOL SNACKS

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/09/2024																
AFTER-SCHOOL SNACKS	Total	500														
CHEESE, STRING MOZZERELLA	1 OZ.	1500	80	15	200	0.00	0.00	200.0	200	0.0	0	6.0	1.0	6.0	3.50	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1500	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			600	45	690	0.00	0.00	660.0	1200	180.00	87	18.00	90.00	18.00	10.50	0.00
% of Calories											58.0%	12.0%	60.0%	27.0%	15.8%	0.0%
Nutrient Guideline			550		1230											<10.00

Tue - 12/10/2024																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Hartzel Pretzels '22	bag	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
Juice, apple 8oz, DW-2024	CARTONS	1500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			570	0	690	6.00	2.16	60.0	600	180.00	87	12.00	132.00	4.50	0.00	0.00
% of Calories											61.1%	8.4%	92.6%	7.1%	0.0%	0.0%
Nutrient Guideline			550		1230											<10.00

Wed - 12/11/2024																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Straw-Yogurt '22	bag	1500	117	0	54	1.96	0.70	0.0	29	0.0	6	1.96	22.48	2.93	0.98	0.00
Orange juice, DW, 8oz, 2024	1 EACH	1000	110	0	30	0.00	0.00	20.0	200	60.0	27	2.0	27.0	0.0	0.00	0.00
Weighted Daily Average			572	0	221	5.87	2.11	40.0	488	120.00	72	9.87	121.45	8.80	2.93	0.00
% of Calories											50.1%	6.9%	84.9%	13.8%	4.6%	0.0%
Nutrient Guideline			550		1230											<10.00

Thu - 12/12/2024																
AFTER-SCHOOL SNACKS	Total	500														
CRACKER, goldfish, CHEDDAR, bag	BAG	1500	101	4	172	1.01	0.36	20.2	0	0.0	0	3.04	14.17	3.54	1.01	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1500	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			664	12	606	3.04	1.09	120.7	600	180.00	87	9.11	129.53	10.63	3.04	0.00
% of Calories											52.4%	5.5%	78.1%	14.4%	4.1%	0.0%
Nutrient Guideline			550		1230											<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/13/2024																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Gma's Cookies Mini Choc'24	bag	1000	160	0	160	3.00	1.30	20.0	0	0.0	11	2.0	25.0	6.0	1.50	0.00
Juice, apple 8oz. DW-2024	CARTONS	1000	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			540	0	380	6.00	2.60	80.0	400	120.00	80	8.00	108.00	12.00	3.00	0.00
% of Calories											59.3%	5.9%	80.0%	20.0%	5.0%	0.0%
Nutrient Guideline			550		1230											<10.00

Weighted Average			589	11	518	4.18	1.59	192.1	658	156.00	83	11.40	116.20	10.79	3.89	0.00
											126.1%	7.7%	78.9%	16.5%	5.9%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	589		550	107%				
Cholesterol (mg)	11							
Sodium 1 (mg)	518		1230	42%			518	
Sodium 1a (mg)	518							
Fiber (g)	4.18							
Iron (mg)	1.59							
Calcium (mg)	192.1							
Vitamin A (IU)	658							
Sugars (g)	83	56.03%						
Vitamin C (mg)	156.00							
Protein (g)	11.40	7.74%						
Carbohydrate (g)	116.20	78.89%						
Total Fat (g)	10.79	16.48%						
Saturated Fat (g)	3.89	5.95%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.00	0.00%						

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